

# BREAKFAST



# COLAZIONE

START YOUR DAY THE EST WAY

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## EST CLASSIC | 6.75

Free-range fried or scrambled egg, grilled bacon, sausage, oven-roasted tomato and baked flat mushroom served with focaccia toast

## CLASSIC VEGETARIAN | 5.30

Two free-range fried or scrambled eggs, oven-roasted sweet peppers, oven-roasted tomato and baked flat mushroom, served with focaccia toast

## EST OMELETTE | 5.25

A light omelette made with three free-range eggs served with oven-roasted tomatoes

ADD AN EXTRA FILLING:

CHEESE , MUSHROOMS , TOMATOES  OR BACON | 0.50 EACH

## EGG WHITE OMELETTE | 5.25

Four free-range egg white omelette with spinach and red onion, topped with mixed roasted vegetables in pomodoro sauce

## BACON FOCACCIA | 5.45

Crispy rashers of bacon served in soft focaccia bread with crispy potatoes and red onion

## EGGS ON TOAST | 4.95

Three free-range fluffy scrambled eggs served on focaccia toast

ADD SMOKED SALMON | £2.00

## EGGS & BACON | 5.45

Two free-range fried or scrambled eggs served with rashers of bacon on soft focaccia toast

# FRESH JUICES

## ORANGE JUICE

From freshly squeezed oranges

3.25

## FRUIT JUICES

Choose from cranberry, tomato, apple or pineapple

2.60

## MIMOSA

TREAT YOURSELF

Freshly squeezed orange juice, topped up with bubbly Prosecco

6.95

# HOT DRINKS

WE ONLY USE THE FINEST LAVAZZA COFFEE BEANS, GROUND RIGHT HERE BY OUR BARISTAS TO MAKE YOU THE PERFECT COFFEE, EVERY TIME

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## ESPRESSO

Short & black

2.10 | 2.50

## MACCHIATO

A shot of espresso with a touch of frothed milk

2.10 | 2.50

## ESPRESSO CON PANNA

A shot of espresso topped with whipped cream

2.10 | 2.50

## AMERICANO

Served black or white

2.95

## CAPPUCCINO

Espresso, topped with steamed and foamed milk

2.95

## CAFFÈ LATTE

Espresso and steamed milk

2.95

## MOCHA WITH CREAM

Espresso, cocoa, steamed and foamed milk, topped with cream

3.15

## HOT CHOCOLATE WITH CREAM

ADD MARSHMALLOWS | 0.60

2.75

## TEA

Yorkshire tea


2.35

## TEA PIGS

Earl Grey, Peppermint, Chamomile, Super Fruit

2.55

DECAFFEINATED ALTERNATIVES AVAILABLE

Vegetarian  These dishes are made from ingredients that do not contain meat or fish. However we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food. Our Eggs All of our eggs are free range. Our Meat Where possible we purchase red meat from the UK and Ireland. Sustainability We purchase fish and seafood responsibly and where possible from sustainable sources. Allergies To view our full list of allergens and dietary information please visit [www.restaurantallergens.com/estestest](http://www.restaurantallergens.com/estestest). VAT is included at the current rate. We are happy to accept Visa, Mastercard & American Express. We welcome your feedback - write to us at Est Est Est, 5-7 Marshalsea Road, London SE11EP or email: [concessions@trgplc.com](mailto:concessions@trgplc.com), [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) 0418