

1 COURSE 8.45 | 2 COURSES 10.45 | 3 COURSES 12.45

AVAILABLE MONDAY - FRIDAY UNTIL 4PM

# ANTIPASTI

TRADITIONAL ITALIAN SMALL PLATES TO START YOUR MEAL

## GARLIC BREAD 🌿

Authentic crispy pizza dough brushed with garlic & herbs

## ZUPPA DI POMODORO 🌿

Tomato & basil soup

## INSALATA CON POMODORO E MOZZARELLA 🌿

Slices of fresh tomato, basil & mozzarella, with basil infused olive oil

# 8" PIZZA

OUR DOUGH IS MADE FRESH EVERY SINGLE DAY, HAND STRETCHED AND TOPPED WITH HOMEMADE SAUCE

## MARGHERITA 🌿

Mozzarella and fresh basil

## VEUVIO

Pepperoni, red chillies, chilli oil and mozzarella

## POLLO PEPPERONATA

Chicken, peppers, red onion and mozzarella

## GIARDINIERA RUSTICA 🌿

Sweet peppers, artichoke, goats' cheese, sautéed mushrooms, rocket and mozzarella, drizzled with basil pesto

# PASTA

CLASSIC PASTA DISHES FROM ALL OVER ITALY, TOSSED WITH THE FRESHEST INGREDIENTS AND HERB & GARLIC OIL

## PENNE ALL' ARRABBIATA 🌿

Penne with spicy tomato, chilli and black olives

## SPAGHETTI ALLA BOLOGNESE

Spaghetti with our house made Bolognese sauce of slow-cooked beef, tomatoes, red wine, garlic and basil

## LINGUINE AL PESTO

Linguine with basil pesto, pine nuts, slow-roasted tomatoes and Grana Padano shavings

## LINGUINE ALLA CARBONARA

Linguine tossed with pancetta and Besciamella sauce, finished with Grana Padano shavings

# DOLCI

## EST TIRAMISU 🌿

Layers of vanilla mascarpone, marsala wine and coffee soaked sponge fingers

## BUDINO AL CIOCCOLATO 🌿

Rich and warm chocolate pudding served with vanilla cream

## GELATO MISTO 🌿

Three scoops of ice cream, with Florentine wafers. Ask your server for today's flavours

*Please note that this menu may become unavailable during particularly busy times of the year ie. school holidays, bank holidays. Management reserves the right to remove this menu without prior notice.*

**Vegetarian** 🌿 These dishes are made from ingredients that do not contain meat or fish. However we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food

**Our Eggs** All of our eggs are free range.

**Sustainability** We purchase fish and seafood responsibly and where possible from sustainable sources.

**Allergies** to view our full list of allergens and dietary information please visit [www.restaurantallergens.com/estestest](http://www.restaurantallergens.com/estestest)

VAT is included at the current rate.

We are happy to accept Visa, Mastercard & American Express.

We welcome your feedback write to us at Est Est Est, 5-7 Marshalsea Road, London SE11EP or Email: [concessions@trgplc.com](mailto:concessions@trgplc.com) [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) 1218

# LUNCH

